**Social Emotional Supports & Mental Health Resources**

School Social Workers:

Face to Face Academy is fortunate to employee three full-time, LICSW level, School Social Workers to provide a variety of support services for students and families. With a ratio of 1 School Social Worker to every 30 students, Face to Face has one of the most in-house social/emotional resources in the entire State. The School Social Worker’s primary focus is to address obstacles and barriers that may be interfering with academic success. The goal is build the necessary skills and confidence to improve attendance, demonstrate competency in core curriculum, and develop healthy relationships with peers and staff.

School Social Workers are also available throughout the day to assist students that are having difficulty focusing in the classroom, need individual attention support, or are experiencing a challenging day . Conversations with students are structured as short-term interventions, with the objective of having the student enter, or re-enter, and stay the rest of the school day in the classroom.  Another important function of the School Social Workers is fostering connections to community resources and assisting students with the successful transition from high school to post-secondary opportunities.

Partner Organization – Face to Face Health & Counseling

Our shared campus with Face to Face Health & Counseling provides another system of support for students. Conveniently located on campus, our students can easily access mental, health, and prenatal care specifically tailored to their needs. Students can also schedule specific appointments with a Mental Health Provider on campus at Face to Face Health and Counseling to address long term interventions. Face to Face Health & Counseling: <http://www.face2face.org/get-help/counseling>

Other Mental Health Resources

Mental Health Resources –Ramsey County

<https://www.ramseycounty.us/residents/health-medical/clinics-services/mental-health/adult-mental-health>

Options Family and Behavioral Services

<http://optionsfamily.com/>

Prairie Care

<https://www.prairie-care.com/>

Applying for Medical Assistance (MA) and MinnesotaCare

**What is Medical Assistance (MA)**

* Medical Assistance (MA) is Minnesota’s Medicaid program for people with low income.
* Most people who have MA get health care through health plans. You can choose a health plan from those serving MA members in your county.
* Members who do not get health care through a health plan get care on a fee-for-service basis, with providers billing the state directly for services they provide.
* MA is Minnesota's largest health care program and serves children and families, pregnant women, adults without children, seniors and people who are blind or have a disability.

**What is MinnesotaCare**

* MinnesotaCare is a health care program for Minnesotans with low incomes.
* Enrollees get health care services through a health plan. You can choose your health plan from those serving MinnesotaCare enrollees in your county.
* MinnesotaCare is funded by a state tax on Minnesota hospitals and health care providers, Basic Health Program funding and enrollee premiums and cost sharing.
* The information on this page does not cover all program rules. To find out whether you qualify, you must apply.

[**Clink here to learn how to apply for Medical Assistance & Minnesota Care**](https://mn.gov/dhs/people-we-serve/adults/health-care/health-care-programs/programs-and-services/adults-apply.jsp)