

Student Support Services



Support Service During the School Day

Face to Face Academy prioritizes student support services as part of the school's overall approach to academic programming. The school strongly believes that social emotional growth is essential to engaged learning and overall success. Three full-time, licensed School Social Workers are available to meet with students who are feeling anxious/stressed about their school day or are in need of additional support. Conversations with students are structured as short-term interventions, with the goal of having the student enter, re-enter, and/or stay the rest of the school day in the classroom. The School Social Workers serve as advocates, facilitate problem solving, and provide a conduit to community resources as a means of eliminating obstacles to school progress.

While not every student will receive it, ALL students are eligible to have access to this level of support service.

Important Note: This level of service is NOT in replacement of School Social Work services as outlined in a student's IEP. School Social Workers will provide additional supports as outlined by service minutes and specific IEP goals.

Additional Supports

On occasion, it is determined by the student and family that additional mental health supports may be helpful. Often these supports take the form of traditional individual or group counseling. These services are provided by a third party. The School Social Workers role - if the student and family desires - is to help navigate the set-up process. Our shared campus with Face to Face Health & Counseling, a neighborhood health care clinic, provides a convenient location, students can easily access mental health, medical, and prenatal care specifically tailored to their needs. Support groups for adolescents are offered after the school day. Students may also prefer NOT to have their mental health services so close to the school. The School Social Workers can assist with setting up services through many providers throughout the area.

These additional supports are ALWAYS optional.

Contact Information

Questions? Reach out to any member of the Academy' School Social Worker Team:

- Chana Ouray: 651-200-7539; ourayc@f2facademy.org
- Rachel Samuelson 651-200-7529; samuelsonr@f2facademy.org
- Tim Zweirs 612-382-7999; zwierst@f2facademy.org

Other Mental Health Resources

- Mental Health Resources –Ramsey County
<https://www.ramseycounty.us/residents/health-medical/clinics-services/mental-health/adult-mental-health>
- Ellie Mental Health Services
<https://elliementalhealth.com/>
- Prairie Care
<https://www.prairie-care.com/>

Applying for Medical Assistance (MA) and MinnesotaCare

What is Medical Assistance (MA)?

- Medical Assistance (MA) is Minnesota's Medicaid program for people with low income.
- Most people who have MA get healthcare through health plans. You can choose a health plan from those serving MA members in your county.
- Members who do not get healthcare through a health plan get care on a fee-for-service basis, with providers billing the state directly for services they provide.
- MA is Minnesota's largest health care program and serves children and families, pregnant women, adults without children, seniors and people who are blind or have a disability.

What is MinnesotaCare?

- MinnesotaCare is a health care program for Minnesotans with low incomes.
- Enrollees get health care services through a health plan. You can choose your health plan from those serving MinnesotaCare enrollees in your county.
- MinnesotaCare is funded by a state tax on Minnesota hospitals and health care providers, Basic Health Program funding and enrollee premiums and cost sharing.
- The information on this page does not cover all program rules. To find out whether you qualify, you must apply. Click here to learn how to apply for Medical Assistance & Minnesota Care.

[Click here to learn how to apply for Medical Assistance & Minnesota Care](#)